

Get to KNOW...

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JOB TITLE: Plumbing Technical Leader | Lead Engineer

COMPANY: Henderson Engineers, Inc.

HOMETOWN: Wiesbaden, Germany | Rochester, MI

ASPE CHAPTER: Phoenix

IMMEDIATE FAMILY: Katharine (wife), Juergen (son)

PETS: Lulu (cat)

"I'm continually amazed to interact with so many awesome individuals who make up our Society's membership. I truly enjoy interacting with every ASPE member I've met; ASPE members are the first thing that make ASPE fantastic. The practical meaning of ASPE is of course the sharing of ideas and learning; the amount of new ideas and information that we as a Society create is astounding to me. I truly value that we work to improve public health and welfare. Last, being a member of ASPE gives you the opportunity to grow your career in ways that make you stand out."

WHAT BOOK DO YOU RECOMMEND EVERYONE SHOULD READ? I've always been a voracious learner — I love reading and listening to audio books and podcasts. The number of books I've read over the last several years is easily over 250, so it is hard to just pick one. My top 11 books (I couldn't get it down to 10) are as follows: *Influence: Science and Practice* (Psychology/Business), *The CEO Next Door* (Business), *Red Storm Rising* (Fiction), *The Talent Delusion* (Business), *Napoleon: A Life* (History), *Tor! The Story of German Football* (History/Sports), *Mere Christianity* (Theology), *The Effective Manager* (Business), *Outliers* (Economics), *The Culture Code* (Business), and *Power to Save the World: The Truth About Nuclear Energy* (Science). (If you are interested in seeing my whole list, feel free to connect with me on Goodreads.)

IF YOU COULD TRAVEL ANYWHERE, WHERE WOULD IT BE? I know many folks would imagine that I would say Germany, which I always enjoy going to (it helps that German was my first language!). I'd also say Iceland is an awesome location where I would love to return; it's truly a country that feels like another planet in the best kind of way. The Shenandoah Valley, where my alma mater resides, in the fall is spectacular, and so is northern Michigan where I spent many summers as a child. I also love the Western U.S. states — all have majestic beauty that I have been fortunate to see. As far as places I haven't been to yet, Italy is high on my list. I also hope to hit every major national park in the U.S. at some point.

WHAT IS YOUR GREATEST ACCOMPLISHMENT OUTSIDE OF YOUR CAREER? I wouldn't necessarily say it is an accomplishment, but my wife and son are the most important people in my life. Both of them have been instrumental in my life and have completely changed me as a man. I am so incredibly thankful for them every day of my life, and having them in my life feels like an accomplishment. After that, graduating from the Virginia Military Institute is probably the other greatest accomplishment, and I am proud to wear the ring.

WHAT ARE YOUR HOBBIES OUTSIDE OF WORK? I've always been a bit of a mix of jock and nerd. I need to be active, and if I don't work out for a few days I notice that my concentration and general mood just deteriorate. I wholly subscribe to the notion of "sound body, sound mind." Over the last several years I've also picked up some new hobbies. I recently started mountain biking; photography is another new interest, and so is writing. Creative outlets have become more important to me the older I get. I've also started doing some exercise-based yoga and short meditations as well since I've read enough times of their benefits (and I have to say they really work!).

WHICH HISTORICAL FIGURE WOULD YOU MOST WANT TO MEET? As someone who loves history, this is such an incredibly hard question. Edmund Hillary had a fearlessness about him that I always thought was admirable. As someone who has loved military history since I was a child, talking to someone like Napoleon Bonaparte or Otto von Bismarck would be incredible. Peter Drucker, the inventor of modern-day management, would be an amazing person to connect with, even if it were to just hear a lecture. His book *On Management* is still one of the best on the subject. Along that line, Benjamin Graham, author of *The Intelligent Investor*, who was Warren Buffet's mentor, would be incredible to talk to as well for obvious reasons. If I had to pick just one historical figure, though, it would probably be Jesus of Nazareth; considering that so many of the first Christians died for the idea of him, and that our entire dating system (whether we say 2019 AD or CE) is based around his birth and life, his life was such a significant moment in the world, regardless of the questions of theology.