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Vol. 23, Issue 3

NOV. MEETING AGENDA

DATE:

TUESDAY, NOV. 12, 2019

WHERE:

Plumbing Industry Training Center (map on back page)

4:30 PM - 5:30 PM - PROGRAM

Venting - Part 2

Presenters:

Mike Melaragni Paul Baker

5:30 - 6:00 PM - **DINNER**

Dinner, News & Announcements, Table Top Vendor Product Presentations and Displays

6:00 - 8:00 PM - PROGRAM

Venting - Part 2 (continued)

REGISTRATION REQUIRED

Registration link here https://www.eventbrite.com/e/aspe-emc-november-2019-technical-program-tickets-76778872675

SEE INSIDE COVER FOR TABLE OF CONTENTS

Cost: ASPE, ASSE, MBPA Mbrs: NC Non-members: \$20.00 for class

From Theresa Card, P.E., CPD, LEED AP BD+C, GGP, President of ASPE EMC



Hello from your EMC President-

October's meeting was a great success and Norm Hall delivered another great lesson on domestic hot water recirculation systems. A big thank you to our tabletop sponsors, without whom we wouldn't be able to have free meetings for members: Balfrey & Johnston, RL Deppmann, Diversified Spec Sales, New Century Sales/Meek Beck and Lochinvar! Support those that support the Chapter!

Speaking of Balfrey & Johnston – we want to send a heartfelt CONGRATULATIONS on their 60th Anniversary! That is a huge accomplishment and they have been such an integral part of our ASPE Chapter and plumbing community. I hope you were able to attend one of their Anniversary parties to help them celebrate.

ASPE is starting a <u>Legionella working group</u> and they are looking for help! This group will be looking at trying to cut through all the different codes and standards and bring our members a comprehensive guide on what we should be doing to protect our buildings' occupants. If you are interested, please reach out to Keith Bush, our Region 2 Director at kdbush356@gmail.com.

CEUs, CEUs. So there is some important information you need to know about the new CEU process we have. We are now using a new process to issue CEUs for our meetings. Instead of getting a certificate emailed to you from our VPE, your CEUs will only be available online at your education. aspe.org account. They should be uploaded about 2 weeks after the Chapter meetings. If at any time you don't see your CEU appear, please contact a board member. I hope you enjoy this new process as it makes things on our end much more streamlined.

Important Reminders/Announcements:

 Just announced: free webinar for ASPE members is being held on November 7

The one-hour webinar Miami-Dade – the Future of FOG Control at 2 p.m. EST will dive into the requirements and regulations of one of the most progressive, stringent, and comprehensive FOG ordinances to date: Miami-Dade County's FOG 2.0. This webinar awards 0.1 CEU, and thanks to IPEX it is free for ASPE members. You can learn more and register here.

Continued on page 2





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ASPE EMC BOARD MEETING

Tuesday, November 5, 2019 4:30 - 6:00 PM in Berkley, MI

FREE WEBINAR FOR ASPE MEMBERS

Thursday, November 7, 2019 @ 2:00 PM ASPE National will provide a one hour webinar: Miami-Dade – the Future of FOG Control. You can learn more and register here.

ASPE EMC PROGRAM

Tuesday, November 12, 2019 in Troy, MI - see page 3.

CPD AND CPDT EXAM AND REGISTRATION

See pg. 9 for scheduling dates.

ASPE IS ACCEPTING APPLICATIONS FOR THE ALFRED STEELE SCHOLARSHIP

Contact Stacey Kidd for more information at (847) 296-0002, or email skidd@aspe.org

President's Report (cont. from page 1) Theresa Card, P.E., CPD, LEED AP BD+C, GGP

- CPD and CPDT Candidates! We will again be having our 50/50 raffles during our meetings this year. Proceeds going to a scholarship fund for those looking to take the CPD/CPDT exam that would like to attend a national study session/need financial help with study resources. ASPE has also just announced the locations and dates for the 2 review classes taking place:
 - o Phoenix on February 8-9
 - o Atlanta on February 22-23
- ASPE EMC Jobs Program! If you are a company looking to hire a new employee or an engineering looking for the next stage in your career simply email jobs.aspe.emc@gmail.com and we will (1) post Company's job openings in our Newsletter and (2) confidentially connect job seekers with companies looking. All information sent to jobs.aspe. emc@gmail.com is completely confidential and you will be asked for confirmation before your resume is passed on to any company. We hope this added benefit will help all involved.
- ASPE EMC's 45th Anniversary! Our local Chapter's 45th anniversary will be next year and YOU TOO CAN HELP! If you have old pictures or information from your time in the Chapter, please email me! I appreciate your help in trying to put together a great booklet for next year.
- Alfred Steele Scholarship: If you know a plumbing or Architectural Engineering student the Alfred Steele Scholarship is a great way to get some extra cash for school: https://aspe.org/SteeleScholarship. It is open to all ASPE members and their immediate families. Student memberships are only \$30 and if even that scares you, again, reach out to Kristin and let's talk. Finding sponsorships to cover student memberships is something we are very willing to do!

See you all on November 12th!

Cheers.

Theresa Card, PE, CPD, GPD <u>allethe@gmail.com</u>

LATEST NEW MEMBER(S)
~ WELCOME ~

ALEXTIA ARMSTRONG

GAYATRI LEKSHMINARAYANAN ROB DUNN PIERCE SADLIER



The Green Plumbing Design (GPD) certificate program is for engineers and designers with advanced skills in sustainable plumbing system design and consulting. Available only for engineers and designers who hold either the Certified in Plumbing Design (CPD) certification or a Professional Engineer (PE) license, the GPD certificate denotes professionals with a high level of experience and training in sustainable practices. The GPD designation signifies professionals who are dedicated to ensuring the efficient use of our precious water resources via water-conserving plumbing system designs for commercial and residential applications.

Find out more: https://www.aspe.org/GPD

NOVEMBER PROGRAM

TOPIC: Venting - Part 2

This Program will address all aspects of the Michigan Plumbing Code Chapter 9: Venting and related areas of Chapter 7: Drainage, Chapter 8: Indirect Waste, Chapter 10: Traps & Interceptors and the Michigan Part 7 Rules; Focusing on interpretation, practical application and sizing.



Michael Melaragni

Michael Melaragni, CPD – Has numerous years of experience in the industry. He is a certified instructor of journey workers and apprentices and a certified training coordinator with the United Association of Plumbers and Pipefitters, a licensed Master Plumber with the State of Michigan and is the former Director of Training for Plumbers Local 98 Apprenticeship program.



Paul Baker

Paul Baker – Has been an instructor of apprentice and journey plumbers with Plumbers Local 98 for almost 20 years. He is a certified instructor of journey workers and apprentices and a certified training coordinator with the United Association of Plumbers and Pipefitters, a licensed Master Plumber with the State of Michigan and is the current Director of Training for Plumbers Local 98 Apprenticeship program.



IN THE KNOW

CODE BOOK ORDER FORM

Please use the most current book order form from the Code Study & Development Group found in this newsletter. Contact Mr. Dann Holmes with questions at dholmes@nsf.org or (734) 214-6222

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VP Technical Report

Kristin Simoneaux, P.E., CPD, LEED



We had a good turn out for our October meeting on Domestic Water Recirculation. Thank you to all who attended! Norm Hall presented on the importance of recirculation systems and different components of the system. Some of the highlights from the meeting.

- Why is recirculation important? Legionella growth occurs in temperatures from 68 deg F to 122 deg F. In the past, the aquastats that would turn on/off circulation pumps were set for 95 deg F to 115 deg F. As we have learned more about Legionella, the industry has moved toward trying to maintain temperatures in the piping above the growth zone. This has resulted in hot water storage and distribution temperatures increasing to 140 to 160 deg F depending on the allowable temperature loss within the system.
- ASHRAE Guideline 12 may soon require 124 deg F on hot water return. If the supply temperature is 140 deg F and the system allows a 10 deg F drop due to insulation, this leaves 6 deg F drop allowable for the return side of the distribution.
- OSHA requires storing domestic hot water at 140 deg F.
- ASHRAE 90.1 2010 and 2013 state to turn the recirc pump on/off in conjunction with building occupancy. By turning off the recirc pump, the water within the piping can fall into bacterial growth range. If the pump system must turn off, it was recommended to have an aquastat to turn the system back on to maintain temperature if it drops too low.
- The Veterans Administration requires recirculation of hot and cold water to prevent bacterial growth. VHA directive 1061 requires a minimum of 140 deg G for storage, 130 deg F minimum for semi-instantaneous, and distribution system must be no lower than 124 deg F. Cold water at temperatures above 67 deg F must be recirculated.
- The elevated distribution temperatures have brought new challenges. Third degree burns can occur at a mere 5 seconds of exposure to 140 deg F water. Point of use mixing valves were recommended to protect the individual fixtures against scalding.
- International Plumbing Code section 607 requires recirculation for areas farther than 50 feet from the circulated main. Low flow fixtures (0.5 gpm and less) can cause challenges to flush 50 feet of piping to maintain temp. A 3/4" hot water pipe at 50 feet holds 1.26 gallons of water. For a 0.5 gpm faucet assuming 0.4 gpm from hot water, this

will take over 3 minutes (188.3 seconds) to flush the pipe to get hot water from the main. It was recommended to provide more recirculation for low flow fixtures than the minimum the code requires.

- Balance valves come in multiple types. The types are:
 - o Manual flow (circuit setter manual balance valve): The minimum flowrate is limited to 1/3 gpm or ½ gpm depending on the manufacturer. The maximum flow is limited by the maximum velocity allowed for the copper.
 - o Automatic flow valve: The valves have cartridges that move in and out to maintain an allowable temperature in the system. Very few are lead free rated.
 - o Automatic temperature (manual or actuated bypass options): Valves should be available with or without high temperature bypass if you are using it. Can work with VFD pumps. Comes in NSF 61 rated. Needs to be field adjusted. Valve will never have zero gpm to prevent stagnant water and pump deadheading. Can connect to BAS and be adjustable through the BAS.
- The flow rate is determined by the supply piping heat loss to the faucet or riser at a given delta temperature is per ASPE. The flow rate should be determined by total heat loss through the system. Total gpm =btuh/(delta T * 500).
 ASHRAE 90.1 gives insulation thickness required based on pipe size and delta T.
- For high rise applications, it was recommended to use automatic balance or automatic temperature valves if not able to zone the hot water recirculation. Zoning the hot water recirculation is preferred.

A huge thank you to our tabletop sponsors: Balfrey & Johnston, Lochinvar, New Century Sales/Meek Beck, and RL Deppman!

Our next meeting will be part 2 of Venting. Mike Melaragni and Paul Baker will be discussing in depth sections 911 through 920 of the Michigan Plumbing Code. Have questions on how to properly combination waste and vent? Is circuit venting a mystery? This class is for you!!

If you have any questions about previous or upcoming meetings and/or would like to sponsor an event, please feel free to contact me. I will see you Nov 12th!

Kristin Simoneaux, P.E., CPD, LEED AP Senior Mechanical Engineer, Stantec Architecture <u>ksimoneaux@stantec.com</u>



YOUNG PROFESSIONALS

Affiliate Liaison Report

Dann Holmes, ASPE Region 2



Where do we go from here?

For most of 2019, I have written articles on the HITS Conference in Buffalo, NY, the *Legionella* Conference in Los Angeles, CA, and of course the ASPE Technical Symposium in Pittsburgh, PA. These events all share a common theme, Waterborne Pathogens.

Note I did not write that the theme was "Legionella". Don't get me wrong, Legionella is a real threat. It can make people sick with a mild form of pneumonia called Pontiac Fever, or worse, kill you or a loved one if Legionnaires' disease is contracted and not properly diagnosed, and treated in time.

Legionella is the bacteria that most of the manufacturers, engineers, and consultants involved in plumbing are concentrating on. I don't blame them, but as professionals delivering safe, clean, potable water systems to humans, we cannot afford to make this mistake. We must do a better job. Take the "Legionella" blinders off and take a full 360-degree HAI (Healthcare Acquired Infection) look around you.

In early October of this year, three infants died from a *pseudomonas* outbreak in the NICU at the Geisinger Medical Center in Danville, PA. Eight other premature babies staying in the same NICU survived. There is no greater fear for a parent than to lose a child, especially an infant.

Pseudomonas bacteria is a common germ in healthcare environments. It is also extremely adaptive. Another name is Antimicrobial Resistance (AMR). Be sure to add this acronym to your vocabulary.

Carbapenem-resistant gram-negative bacteria, namely, carbapenem-resistant Enterobacteriaceae (CRE), Acinetobacter baumannii (CRAB) and Pseudomonas aeruginosa (CRPsA), are an emerging cause of healthcare

acquired infection that pose a significant threat to public health. The WHO published guidelines on this subject in 2017. You can download a free copy by clicking https://www.who.int/infection-prevention/publications/guidelines-cre/en/

Those that know me, know I am not an engineer, nor an infection preventionist. I don't pretend to be one, but I can tell you the **science** of plumbing engineering, design, codes, installation, and maintenance of building water systems is heading in a new direction. What you know today will be the "old school" ways of doing things in the very near future. This should be exciting news for all the AYPs.

ASPE is addressing some of these issues with two groups. The **Long-Range Planning Committee** (LRPC) and the newly formed *Legionella* Working Group (LWG). The LWG is looking to develop a premise plumbing specific design guide for commercial buildings. There will be a healthcare related subgroup looking to do the same. As everyone knows, healthcare systems are some of the most complex plumbing systems known and require special attention. I am happy to report, our Region 2 Director, Keith Bush, CPD, CSI, GPD will chair the LRPC and will sit on the LWG too.

In addition to the design guide(s), the LWG will review conflicts in the plumbing codes, LEED and/or WELL buildings, water velocities, stagnation, water quality, filtration, ultra-filtration, disinfection and much, much more.

Buckle yourself in. The road to safer, cleaner, healthier, potable water systems just might get a little bumpy along the way. Be sure to continue to do your research, learn, seek advice, and enjoy the ride as we transition into a new Water Safety Culture.

 $Dann\ Holmes-ASPE\ Region\ 2\ Affiliate\ Liaison$

NSF International – <u>r2al@aspe.org</u>



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http://aspe.org/Pipeline

AYP Liaison Report

George Bellman



Hi everyone! I hope your schedules have been chalked full of exciting projects and events this past month. I know mine certainly has. Lately I've been learning about plumbing design consideration in a post-tensioned slab and how to not burn a Sunday pork roast. And yes, the second pork roast turned out delicious.

I wanted to take this issue to let everyone know about our next AYP event. But first, a preemptively published thank you for everyone who attended our Oct. 30 meet-up and a huge thank you to our night's sponsor Chip Bidigare of Merlo Energy! I will have photos and a better article about this night in our next newsletter. Stay tuned!

As we all diligently work through the November and December months, please mark your calendars for Wednesday, January 29, 2020 for the next AYP meet-up.

While reading this, please don't get discouraged. There are plenty of events in the works for 2020 that I believe will be a blast!

Best,

George Bellman

Gbellman72@gmail.com

P.S.

Here is the link to the CPDT information:

 $\underline{https://www.aspe.org/CPDT\text{-}exam}$

Here is the link to the CPD information:

https://aspe.org/CPDExam



Green Plumbing Design Certificate Program



HOME

CANDIDATE BULLETIN

GPD DIRECTORY

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The Green Plumbing Design (GPD) certificate program, sponsored by the American Society of Plumbing Engineers and the International Association of Plumbing and Mechanical Officials, is for engineers and designers with advanced skills in sustainable plumbing system design and consulting. Available only for engineers and designers who hold either the Certified in Plumbing Design (CPD) certification or a Professional Engineer (PE) license, the GPD certificate denotes professionals with a high level of experience and training in sustainable practices. The GPD designation signifies professionals who are dedicated to ensuring the efficient use of our precious water resources via water-conserving plumbing system designs for commercial and residential applications.

The next GPD workshop is going to be held at the 2019 Tech Symposium in Pittsburgh, PA on Oct. 23-24, 2019. Read more at here.

ASPE YOUNG

PROFESSIONALS

Hey Young Professionals

Learn more about our group!



ASPE Young Professionals (AYP) is dedicated to the needs of plumbing engineers and designers 35 years old and younger. Your local ASPE Chapters have been busy organizing exciting opportunities designed to help you excel in your career, including:

- » Partnerships with other associations
- » Social and networking events
- » Educational offerings
- » Mentoring programs
- » And more!



American Society of Plumbing Engineers interest group, email ayp@aspe.org and visit aspe.org/ayp.

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CPDT - 2020 EXAM DATES: TBD

Registration opens: TBD Registration closes: TBD

CPD - 2020 EXAM DATES: March 30 - April 5, 2020

Registration opens (estimated): Dec. 1, 2019 Registration closes (estimated): March 19, 2020

Go to the national ASPE website for more information

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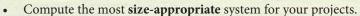


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OCT. MEETING STATS

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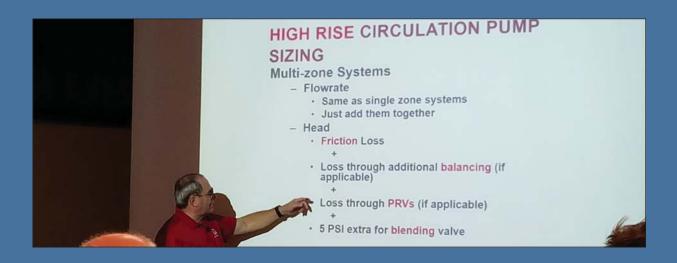
ASPE EMC President Theresa Card



Norm Hall, president of R. L. Deppmann presents on Domestic Water Recirculation



















ASPE EMC President Theresa Card presents Norm Hall with Certificate of Appreciation



Balfrey and Johnston's 60th Anniversary party October 17th. Pictured L to R: Pam Hartsell, Kristin Simoneaux, George Johnston, Therea Card and George Johnston II



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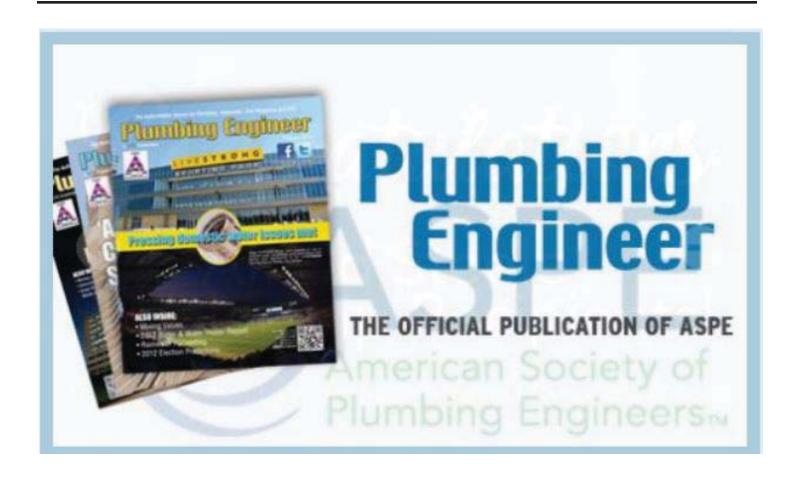


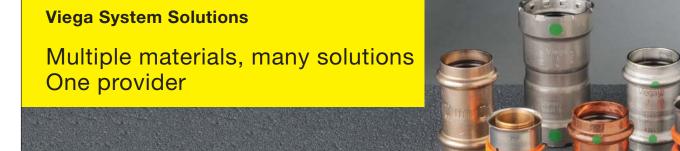
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ASPE Mentoring The Women of ASPE are Program excited to introduce ASPE's new Mentoring Program!

This program, which is available to all members of the Society, has been designed to connect ASPE members who have a particular skill set (mentor) with individuals (mentee) who are searching to acquire the same skills to develop and make progress toward their personal and professional goals.

Who Is a Mentor?

A mentor is someone who can help the mentee develop skills for success and long-range career planning, is able to be a good listener, is willing to share experiences and views, is willing to commit time and effort, provides an "open door" to questions and problems, points out both strengths and opportunities for improvement, and has a vested interest in the growth and development of their mentee.

Benefits to the mentor:

- Satisfaction in helping someone mature, progress, and achieve goals
- Meeting and sharing experiences with other mentors
- Personal ongoing support to help the mentee succeed
- Personal fulfillment through contribution to the Society and the individual

Who Is a Mentee?

Having a mentor can contribute to a successful and satisfying career. Without a mentor, that learning occurs mostly through trial and error. With a mentor, even experienced professionals can benefit from the experiences and expertise of someone who has withstood the trial and can help the mentee avoid the mistakes. Similarly, those new to the industry will discover that being a mentee shortens the learning curve for acquiring the skills and knowledge most critical to a fruitful career.

Benefits to the mentee:

- Discover new talents about yourself
- Career satisfaction
- Expand your personal network
- Maximize your strengths

aspe.org/aspe-mentoring-program







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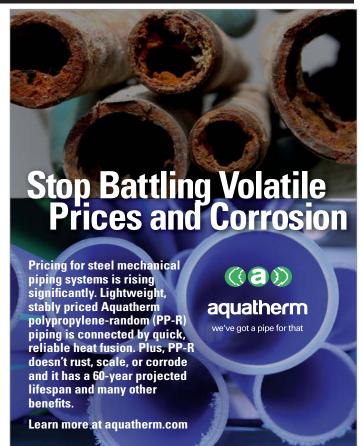
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3200S18	2018 IPC without Commentary	\$	77.00		
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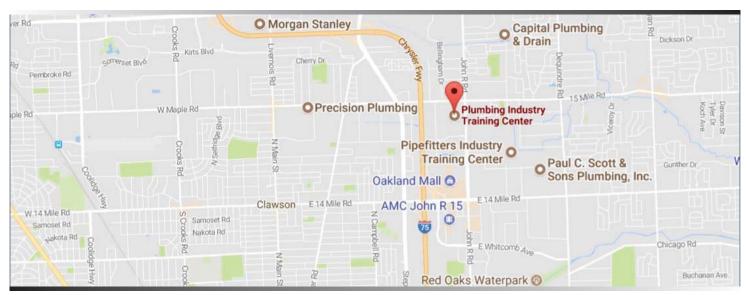
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